



## WELCOME!

Greetings, and welcome to another exciting season of ski racing with Chestnut Mountain Junior Race Team! We are excited that you are making the decision to join us this season. Winter is a perfect time to stay active, to enjoy the outdoors, and promote a lifelong love of skiing through ski racing.

Every year there are a lot of questions and we understand that wading through it all can be daunting, especially for new parents and racers. To assist you with a smooth transition to our team, we have created this packet which contains many frequently asked questions, registration link, team rules and links to all the releases needed for the entire season to get you up and running.

All team members are REQUIRED to register for CMRT, register for WIJARA and become a member of USSA (United States Ski and Snowboard Association). USSA membership is required because our program functions under the umbrella of the USSA Clip Insurance program. Each team member, coach, and Board Member is covered under the Policy. In addition, USSA membership provides significant additional benefits including but not limited to:

- Participation in USSA events
- Access to discounts from USSA partners and suppliers [see list](#)
- Subscription to a top ski or snowboard magazine or premium website content
- Access to select athlete member tools
- Access to Center of Excellence TV for athletes and coaches
- Access to USSA educational materials through the USSA Education shop
- Excess accident insurance during USSA sanctioned events (proof of primary health/medical insurance required) [Click here](#)

For the 2018/2019 race season, CMRT and WIJARA have transitioned into a paperless/online registration platform in conjunction with an online billing platform and online waiver/release platform. Each of the three (3) registration steps (CMRT, WIJARA and USSA) are completed separate from one another on three different web sites (sorry);

- Chestnut Mountain Race Team Registration; <https://chestnutmountainraceteam.wildapricot.org/>
- WIJARA Registration; <https://wijara.wildapricot.org/>
- USSA Membership Registration; <http://my.ussa.org/membership/start>

**If you have questions regarding any of these policies, please contact Coach Robin, Peter Boden or any other Board Member.**

Please take the time to review the outlined data carefully, many answers are here. The Race Team fees for the 2018/2019 Season will remain the same as last year: Competitive Team is \$375 and Non-Competitive Team is \$300. As a part of our annual team fundraiser, each team member is also responsible for \$50 in raffle tickets (book of five \$10 tickets). The price of the raffle tickets (\$50) will be added to your team registration fees at the time of registration. You can choose to keep the tickets and the chance for large prizes or sell the tickets to friends and associates and recover your \$50. Therefore, when you check out of the CMRT registration, the total for Competitive Team will be \$425 and the total for Non Competitive team will be \$350. If you are new to the team there will be a one time Bib fee of \$25 (unless you lose it). Your racer will keep this Bib throughout their WIJARA/CMRT career. Lift tickets/Season Pass is not included in the Race Team Fees. All team members are responsible for purchasing their own season pass directly from Chestnut Mountain Resort.

The “Competitive Team” level includes all training sessions (Tuesday 6p-8p, Friday 7p-9p and Sunday 9a-11a) and entry and coaching at the four (4) WIJARA Race League events (Chestnut Mountain, Sundown Mountain, Cascade Mountain and Tyrol Basin).

The “Non Competitive” level includes all training sessions. Your racer will train right along-side of the competitive team learning skiing fundamentals, speed and gate training. This level is for those of you that want to test the water and see if racing is something your athlete wishes to pursue further without having to foot the cost of traveling and overnight stays at the away events.

All registration forms and releases/waivers must be completed and dues paid prior to participation. Our first practice is typically the first Sunday in December.

We look forward to a fun and successful 2018/2019 season with you as a member of the Chestnut Mountain Junior Race Team!

Think Snow;

*The CMRT Staff*

## Chestnut Mountain Race Team - FAQ's

Age Groupings / Classifications <small>(age on 12/31/18)</small>	<p><b>U8</b> - Ages 7 &amp; Under    <b>U10</b> - Ages 8 - 9</p> <p><b>U12</b> - Ages 10 - 11    <b>U14</b> - Ages 12 - 13</p> <p><b>U16</b> - Ages 14 - 15    <b>U20</b> - Ages 16 - 19</p>
Race Schedule & Venues (18/19)	<p style="text-align: center;">Chestnut Mountain Jan 5<sup>th</sup> &amp; 6<sup>th</sup>  Sundown Mountain Jan 12<sup>th</sup> &amp; 13<sup>th</sup>  Cascade Mountain Feb 2<sup>nd</sup> &amp; Feb 3<sup>rd</sup>  Tyrol Basin Feb 23<sup>rd</sup> &amp; 24<sup>th</sup></p>
Away Races – Room Blocks	<p>Sundown -Holiday Inn Express – Dubuque West 563.556.4600  Cascade - Hampton Inn 608.678.2727  Tyrol - Deer Valley Lodge - Barneveld 888.924.1601  <b>Contact Jill Scheffler with questions or issues booking rooms</b></p>
Training Days	<p style="text-align: center;">Tuesdays 6p to 8p  Fridays 7p to 9p  Sundays 9a to 11a</p>
Volunteer Responsibilities & Information	<p style="text-align: center;">*A parent from each team member <b>MUST</b> volunteer for each of the two race days  Hosted at Chestnut Jan 5 &amp; Jan 6 (WIJARA Race).  * CMRT has had all Gatekeeping duties WAIVED @ the away races for 2018/2019 season  <b>Contact Jill Scheffler to Sign-Up for Volunteer Spots</b></p>
Equipment Requirements	<p style="text-align: center;">Goggles      Skis      Boots      Poles  Ski Racing Helmet (full ears)  GS Race Suit (optional)  SL Protection Equip (optional)</p>
CMRT Board	<p style="text-align: center;">Pete Boden (President) - # 773.580.5021  Ned Flack (V.P.) - # 815.218.0807</p> <hr/> <p style="text-align: center;">Jill Scheffler (Secretary) - # 815.973.4995  Heather Flynn (Treasurer) - # 563.580.3761  Karen Greiner (Tracker) - # 815.777.4136</p>
Website / Facebook	<p style="text-align: center;"><a href="https://chestnutmountainraceteam.wildapricot.org/">https://chestnutmountainraceteam.wildapricot.org/</a>  <a href="http://www.facebook.com/chestnutmountainraceteam">www.facebook.com/chestnutmountainraceteam</a></p>
Coaches & Contact #'s	<p style="text-align: center;">Robin Roberts - # 319.240.0013  Todd Flack - # 815.275.2052  Don Kruger - # 815.291.1475</p>



Chestnut Mountain Race Team strives to turn young athletes, ages 5-19, into great skiers and foster a life-long love of skiing through competition. We train at Chestnut Mountain Resort in Galena, IL and compete at four races each year in the WIJARA race league.

We believe that a family that skis together stays together. Parents and racers alike will meet friends from other ski families, both on our team and from across the country that they can share their love of skiing with.

Our racers have gone on to race in the Midwest Alpine Championships, NASTAR Nationals, USSA and FIS level racing, college teams and US Ski Team camps.

Our coaching staff is veteran ski instructors and race coaches who encourage hard work, discipline and fundamental skiing skills. Our coaching staff is hand selected by Head Coach Robin Roberts. We currently have two (2) Level III PSIA rated coaches (one is an examiner), two Level II PSIA coaches and three Level I PSIA rated coach. Each member of our coaching staff is required to maintain a minimum of USSA Level 1 coaching certification. Several coaches are in pursuit of Level 2 and higher level certificates. The coaching staff works to provide a safe and fun environment in which our athletes can excel. Our racers train in groups at their own ability level to ensure they get the maximum out of each session. We focus on fundamental skiing skills and then hone them to a razor fine edge through timing, line and race technique.

Our Practice Schedule is as follows: Tuesday's from 6pm - 8pm, Friday's from 7pm - 9pm and Sunday's from 9am- 11am. How much does it cost? The cost for the 2018-2019 race season (Competitive program) is \$375\* per racer, \$32 for WIJARA, \$25 for USSA memberships and \$5 for a Coaches Eye Locker (access to race video of your athlete).

Or join our Non-Competition team! Our non-competition program is designed for those who want to try racing, but aren't ready to make the travel commitment. Members train at all CMRT practices and it includes a season NASTAR pass. You will train right alongside the competition team for only \$300\*!

\*As a part of our annual team fundraiser, each team member is also responsible for \$50 in raffle tickets (\$book of five \$10 tickets). The price of the raffle tickets (\$50) will be added to your team registration fees at the time of registration. You can choose to keep the tickets and the chance for large prizes or sell the tickets to friends and associates and recover your \$50. Therefore, when you check out of the CMRT registration, the total for Competitive Team will be \$425 and the total for Non Competitive team will be \$350.

For More Information Contact: Peter Boden (773) 580.5021 or Robin Roberts (319) 240.0013

# CHESTNUT MOUNTAIN JUNIOR RACE TEAM RULES

Please return a signed copy with your registration, waivers, and payment forms

## **RULE 1: SCHOOL IS JOB #1!**

- If you don't make the grades that your parents expect, we will miss you at training and races, but we will still be skiing.

## **RULE 2: IF YOU DO NOT RESPECT THE SAFETY AND DIGNITY OF OTHERS SKIING CAN BE A DANGEROUS SPORT. WE WILL NOT TOLERATE:**

- Skiing out of control.
- Cutting in lift lines.
- Disrespect of ANY coach, parent, team member, team volunteer, lift operator, other skier, snow boarder or ski patroller.
- Any conduct bringing dishonor or embarrassment to the C.M.R.T. while participating in any C.M.R.T. training, session, race, event, or function.
- If rule 2 is broken at any time, any Coach can send you off the hill for the day and may result in your removal from the team.

## **RULE 3: RESPECT THE POLICIES AND STAFF OF CHESTNUT MTN. SKI AREA.**

- The sponsorship of Chestnut Mountain Resort is our most valuable asset and a privilege. Please think about your actions while at the hill. You represent our team at all times through your actions and words! Respect others and respect yourself!

## **RULE 4: PARENT INVOLVEMENT WITH THE C.M.R.T.**

- Parents are encouraged to participate in a variety of team support roles. This includes assisting at races in various volunteer capacities required by WIJARA and USSA, assisting with organizing team events and planning for away races, and assuming the responsibility of a chaperon when in the presence of team members. Parents of all travel team members participating in WIJARA races are expected to provide race day volunteer support at least once during the season. It is a WIJARA league requirement that our team provide 2 race course workers per day at each away race.
- Parents are expected to act and behave in a positive, constructive, and appropriate manner at all times while in the presence of the team, during practices, and while away at races. Please remember: you are a role model to your kids, other team kids, as well as a representative of the Chestnut Mountain Race Team at all times. Please act accordingly. Inappropriate actions will not be tolerated and can result in you and your racer being asked to leave the team.

## **RULE 5: C.M.R.T. MEMBERS ARE EXPECTED TO:**

- Be on time for all events, practices, and races.
- Train with, and as a part of the Team, and with its assigned Coaches and Staff.
- Behave in a civil and respectful manner with your fellow team members and ALL Coaches, Assistants, and Parent Volunteers. Inappropriate language and/or behavior will not be tolerated. After a first warning any team Coach can send you off the hill. Repeated offenses under this clause will result in removal from the team.
- Have paid all ski team fees and completed all liability release forms prior to participating in team events.
- Have a valid season pass or lift ticket for every day of practice and every race day.
- Members will inform the Team Coach(es) in charge of the practice when they arrive and when they leave practice.
- Stay out of other group's training area unless given permission by a C.M.R.T. Coach.
- Have a helmet and goggles properly worn at all times while participating in team training.

## **RULE 6: TRAVELING TEAM RACERS SHOULD EXPECT THAT:**

- **IMPORTANT:** Racers who are part of the C.M.R.T. will compete under the auspices of the C.M.R.T. and will be coached by the assigned Coaches for that particular race, unless otherwise officially assigned by the Coaching staff in advance of the event.
- A parent/coach will stay in all coed rooms, whenever applicable during away race or training travel.
- Team schedules will be announced and shall be followed by all team members.
- Team curfews will be enforced during road trips.
- Individuals will make their own lodging/travel arrangements and pay their own travel expenses. When traveling with others they will share the gas/tolls/lodging expenses.
- During travel in restaurants, hotels, and other accommodations, team members are expected to behave and act in an appropriate manner in keeping with all other Rules noted above.

***These are the rules of the Chestnut Mountain Junior Race Team. Learn them, live them, and be them! Now let's go and ski FAST!***